

To

The Deputy Commissioner / Additional Deputy Commissioner / S. D. M
District Administration Complex
Bathinda, Punjab, India

Subject: **Proposal for District-Level Youth Motivation & Life Skills Awareness Program in District Bathinda**

Respected Sir/Madam,

I respectfully submit this proposal seeking your kind permission and guidance to conduct District-Level Youth Motivation and Life Skills Awareness Seminars for students and youth across educational institutions in District Bathinda.

I am Engineer Tarun Banda, an International Motivational Speaker, Education Counselor, and Youth Mindset Trainer with an academic background in Mechanical Engineering (B.Tech & M.Tech) from Baba Hira Singh Bhattal Institute of Engineering & Technology (BHSBIET), Lehragaga, an institution established by the Government of Punjab.

I have professional experience at Sant Longowal Institute of Engineering & Technology (SLIET), Longowal, a Government of India Deemed-to-be University, where I worked in an academic and research environment and provided research assistance and technical guidance to ICD to Ph.D. scholars. I have also served as a former Lecturer at BHSBIET, Lehragaga.

Additionally, I have international exposure through analytical study and observation of 190 countries pavilions at Dubai Expo, providing me with broader exposure to global developments, cultures, education, technology, innovation, and international perspectives.

I have successfully completed District-Level Expert Talk Series in Sangrur, Barnala, and Mansa districts of Punjab, delivering motivational, career guidance, personality development, and life-skills sessions in schools and educational institutions. These sessions received positive appreciation from school authorities, teachers, and students, further strengthening my commitment to youth empowerment and quality education across Punjab.

Need for the Program

Today's youth are facing increasing academic pressure, career confusion, emotional challenges, lack of confidence, digital distractions, and various social pressures. Students often struggle with exam fear, lack of direction, time management, communication, and practical life decision-making.

While the Government is continuously investing in education, skill development, entrepreneurship, and youth welfare initiatives, the desired outcomes can be further strengthened through mindset development, discipline, emotional resilience, leadership, purpose in life, and value-based education at the grassroots level.

Objectives of the Seminar

Building mental strength and positive thinking among youth.

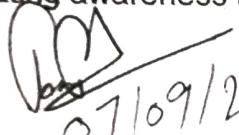
Reducing exam fear and career confusion through practical guidance.

Helping students identify life goals and long-term direction.

Promoting discipline, time management, and personal responsibility.

Encouraging confidence, communication, teamwork, and leadership qualities.

Creating awareness about cyber safety, digital responsibility, and social-media ethics.


07/09/2026
(Enr. Tarun Banda)

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ਦਫਤਰ ਉਪ ਮੰਡਲ ਮੈਜਿਸਟਰੇਟ, ਬਠਿੰਡਾ
(ਦੂਸਰੀ ਮੰਜਿਲ, ਮਿਨੀ ਸਕੱਤਰੇਤ ਬਠਿੰਡਾ 0164-2212525, Email-sdmbathinda@yahoo.
ਪਿਠ ਅੰਕਣ ਨੰਬਰ 695/ਫਕ-1

ਮਿਤੀ 11.09.2026

ਇਸ ਦਾ ਇਕ ਉਤਾਰਾ:-

- ✓ ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸਕੈਡਰੀ) ਬਠਿੰਡਾ ਪਾਸ
2) ਸਾਂਝ ਕੇਂਦਰ, ਬਠਿੰਡਾ ਪਾਸ ਸੂਚਨਾ ਅਤੇ ਲੋੜੀਂਦੀ ਕਾਰਵਾਈ ਹਿੱਤ ਭੇਜਿਆ ਜਾਂਦਾ ਹੈ।

ਉਪ ਮੰਡਲ ਮੈਜਿਸਟਰੇਟ,
ਬਠਿੰਡਾ।

ਦਫਤਰ ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ.ਸਿ) ਬਠਿੰਡਾ

ਪਿਠ ਅੰਕਣ ਨੰ ਜੀ-1/1 () 2026/ 5029 - ਮਿਤੀ : 11-09-26

ਉਕਤ ਦਾ ਉਤਾਰਾ ਸਮੂਹ ਸਕੂਲ ਮੁੱਖੀਆਂ ਨੂੰ, ਸੂਚਨਾ ਅਤੇ ਅਗਲੇਰੀ ਯੋਗ ਕਾਰਵਾਈ ਹਿੱਤ ਭੇਜਿਆ ਜਾਂਦਾ ਹੈ।

ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ.ਸਿ)
ਬਠਿੰਡਾ

Promoting drug-abuse prevention and healthy lifestyle awareness.
Highlighting the importance of language, culture, constitutional values, and moral ethics.
Encouraging entrepreneurship, innovation, and skill development.
Connecting youth with constructive social and national responsibilities.
Encouraging youth participation in the vision of Viksit Bharat and nation-building
Seminar Format

90-minute high-impact interactive session
Motivational talk combined with practical life-skills frameworks
Real-life examples and mindset-training activities
Career and goal-setting guidance
Interactive Q&A with students

Suitable for schools, colleges, skill institutes, and youth gatherings
This initiative can support the Bathinda District Administration in strengthening youth confidence, promoting constructive thinking, enhancing awareness, developing life skills, and channeling the energy and potential of young people towards nation-building, social harmony, responsible citizenship, and the Viksit Bharat vision.

I humbly request your kind permission and guidance to organize such awareness and motivational seminars in educational institutions across District Bathinda, under the supervision and coordination of the District Administration.

I shall be grateful for an opportunity to present this proposal personally before the administration and discuss a suitable framework for implementation at the district level.

Thank you for your valuable time and consideration.

Warm Regards,

Engineer Tarun Banda

International Motivational Speaker & Leadership Trainer

Education Counselor & Youth Mindset Trainer

Inspired by Viksit Bharat Vision

Personality Development Trainer

Youth Mentor | Entrepreneurship Awareness Facilitator

Participant – 190 Countries' Pavilions at Dubai Expo

(Cultural & Technological Analysis)

Media Contributor – Expert Discussions on National & International News Platforms

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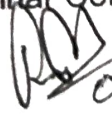
Attachments

Professional Profile

Previous Session Photographs

Appreciation Letters / Testimonials (Sangrur, Barnala & Mansa)

Seminar Concept Note


07/09/2026
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